

Searches on anthroposophy/anthroposophical/homeopathy/school doctor in Friday Flier/Bulletin Newsletters from September 2008 to July 2012

STEINER ACADEMY FRIDAY BULLETIN 13/11/2009

THE SOCIAL PHENOMENA OF OUR TIME A talk by Nick Thomas on **Friday 20 November** in the Eurythmy Room at 7.30pm. The social phenomena of our time strongly indicate that human beings are evolving spiritually and are entering a new phase. World events evident in the relations between East and West, the growth of terrorism and violence, the increasing sharpness of the intellect and our relation to technology all point to this.

Rudolf Steiner pointed to the threshold between physical and spiritual experience and the dangers of crossing this unprepared. Modern symptoms now indicate that mankind is crossing this threshold as part of our evolution. A more penetrating understanding of the individual rather than of group affiliations is urgently needed as an antidote. This can open up the positive side of these changes. Nick Thomas will be talking about these issues and will take questions afterwards.

Donations for Nick's travelling expenses on the door. Nick Thomas was the Chairman of the Anthroposophical Society for many years and recently retired.

From Friday Flier 15/01/2009

(Small Ad)

Thursday, 22nd January 2009, 7.45pm

Beuys was one of the most influential artists in the 1970/80's. Today his ideas still have the power to create waves. He was a founder member of the German Green Party, an environmental artist and campaigner. His statement '**Everyone an Artist**' encapsulates the importance he gave to art. He wanted to expand the very notion of art. He believed that his teaching was his most important art. From an early age Beuys began to study the works of Rudolf Steiner and was a member of the Anthroposophical Society. Some argue that *all* his art was influenced by Rudolf Steiner.

Tickets £4.00 each including light refreshments.

Attendance is limited, so booking is advisable. Talks held at Taurus Crafts. Tickets available from: Cliff Gorman, WorthAttention, Taurus Crafts, on the A48 just outside Lydney, Gloucestershire GL15 6BU. T: 07840 757010 or 01594 844841 e:cliff@worthattention.com

From Friday Flier 24/09 2008

To end on a personal note. **Creta Rushbrooke with a bit of help from me** started this school back in the mists of time. Since then many dozens of parents have given vast amounts of time to make our school into a unique community and a very successful centre for Steiner education. For me the community factor was as important as the educational one. I think it is vital that the community thrives alongside the Academy. Suddenly we are surrounded by suits and regulations and government interventions but at the centre of it all is the College of teachers and Anthroposophy from which the whole brilliant enterprise derives. And encircling the centre are the children and the parents and all those who work for the school: the community.

From Friday Flier 1 /10/2010

Diary Date: Thursday 14 October School Doctor

From Friday Flier 22/05/2009

Diary Date: Thursday 18 June School Doctor visit

From Friday Flier 26/02/2010

Appeal from the Homeopathy Organisation?

Many of the families in the Steiner School community choose to use homeopathy for our family's health. As you may have noticed there is currently a campaign (by two cancer doctors) to discredit homeopathy and get it thrown out of the NHS and off the shelves at Boots ... at the very least – who knows if it will then go on to be illegalised along with the vitamin-herbal natural health supplements that have been removed from sale in the past 2 years because they did not have a medicine licence

which costs £500,000 per individual product. You can no longer buy Weleda euphrasia eye drops but antibiotic eye drops are available over the counter.

Homeopathy is the second biggest form of healthcare in the world, and is recognised by the World Health Organisation. The dilution of homeopathic remedies at 5C and 6C is the same dilution as that of the body's chemistry in the brain and endocrine system (as taught at French medical school). The amount of rock in the pill is a misleading argument. Many pills we are prescribed contain a small quantity of substance but have a considerable effect on the body's and brain's functions. The Nobel prize winning virologist Professor Luc Montagnier, a French virologist who co-discovered HIV and who won the Nobel Prize in 2008, has proved the way homeopathy works on viral replication and demonstrated through thermodynamics the effect at a molecular level of higher dilution and intense shaking to make higher potency remedies. <http://www.homeopathic.com/articles/view.134>

The science is there is anyone wants to refer to it, but it is not being mentioned in this campaign. Lazy journalism is not citing the medical and scientific evidence for homeopathy's effectiveness. How many of us have looked up the biochemical effects of how a headache pill or anti-inflammatory works before taking it? Few. But we read the side effects on the liver, heart and kidneys. Even those who see a homeopath privately will appreciate the value of homeopathic medicine being recognised by the NHS and remedies being available on the NHS.

The homeopathic hospital at Tunbridge Wells was closed down last year by this campaign.

The homeopathic hospital in London is under threat and has had referrals from GP banned by local health authorities. Doctors at the homeopathic hospital in Bristol have treated many children at our school effectively. It also affects anthroposophical medicine that our school

doctors use. Make your comments heard, if you want homeopathy to remain a health care choice.

There's a letter you can download on the campaign for homeopathy website and send to your GP or to the House of Commons: <http://www.hmc21.org/#/campaign/4533514916>

and a chance to add your cases of when homeopathy worked for you or someone you know to lend support to the campaign and for what it's worth there's a poll on GMTV (where homeopathy is unlikely to be the predominant health choice)

"Do you believe homeopathy is an effective form of treatment?" <http://www.gm.tv/polls/45561-homeopathyeffectiveness-online-poll.html>

STEINER BOOK REVIEW

The Road to Malaba - A Tale of Destiny and Identity

The Road to Malaba takes the reader along on an uncommon journey by a volunteer (a non-teacher) working for a Steiner School. This book is a memoir that reads like a novel and will interest teachers, trustees and parents. It is reviewed by Karl Hoffmann in the December issue 2009 of Sphere, the New Zealand anthroposophical journal.

From Friday Flier 12/06/2009

School Doctor Visits

Many of us have already had the opportunity to meet **Dr Hedda**, either through consultations or by attending **Dr Hedda** talks. **Dr Hedda** has been visiting our school for the last couple of years once or twice a term. Ideally it would be great if every child could have the opportunity to be seen. The reality, though, is that not only does **Dr Hedda** have a very busy schedule – **Dr Hedda** also works in many other institutions – but also the costs for the school would be very high. Therefore, we have been very carefully organizing the list of children according to the specific needs of each class, trying also to keep a certain flexibility for cases that appear to be urgent. The procedure for a child to be included on this list is as follows.

- The kindergarten or class teacher, in consultation with parents, refers a child who might be in need of extra support in their general development and health, if that is directly affecting their learning/educational progress.

- In the case that the parents wish to refer their child to the **Doctor Hedda**, they must get in touch first with the Class Teacher to explain their concern and come to an agreement that it is a 'School Doctor' situation, and they will then be put on the school's 'Dr's Waiting List'.

- If a parent would like to book a private appointment to see **Dr Hedda**, either **Dr Hedda** or **Dr Hedda**, please contact Niki Nakamura in the Admin. Office and she will give you the contact numbers. At present, **Dr Hedda** school visits are always full, and **Dr Hedda** time with us is very tight so there are no spaces for private sessions.

We are willing to put together a list of parents who wish their child to be seen on a private basis here. As soon as we have a good number, we could book **Dr Hedda** for a 'Private Consultation Day', which would probably be on a Saturday (as **Dr Hedda** suggested when I recently asked **Dr Hedda** about that).

Costs **Dr Hedda** (given by **Dr Hedda**): £65 for 1st app of 45 minutes; £30 for a follow-up app of 30 minutes.

~~You are interested, please leave your name and contact number in Karla's pigeonhole~~

Nevertheless, this will be most likely to happen from next term onwards.

It has been a fruitful year as so many children and, in consequence, many classes have been supported through this process. We are indeed very 'lucky' to have had such an opportunity to have **Dr Hedda** with us so far. **He** last visit for this school year will be on 18 June. I would like to take this opportunity, on behalf of all the teachers and the community, to express our gratitude and thanks to **Dr Hedda** for travelling all these miles to be with us and our children with such devotion and care for the past year and hopefully, for many more to come. Wishing you all a healthy end of term!
Love, *Karla*

From Friday Flier 30/01/2009

Diary Date: Thurs 5 Feb School Doctor

From Friday Flier 11/12/2008

Open Forum, 1 Dec 2008 (Brain-storming session)

Things we wish to **keep**:

- Sense of extended family
- Working together (workdays)
- Anthroposophy at the heart of the school
- Celebrations of what we do, and do well/cultural events
- The challenges (with positivity)
- Children at the heart of the school
- Qualities that we have to work with change
- The Community
- The school shop
- Waldorf Education
- Parental involvement (feels currently under threat)
- Common sense and balance around procedure
- The heart of what made the Hereford Waldorf School

From Friday Flier 16/03/2012

(Small Ad)

THE HELPING CONVERSATION A workshop taking place at Steiner Academy Hereford over the weekend of 20-22 April. Friday: 7.30 – 9.30 pm: Saturday and Sunday 9.30 – 5.30 pm

The workshop will be experiential, practical and open to anyone who has a warm interest in being able to meet other people in a better way. Faculties of Imagination, Inspiration and Intuition will be developed as part of the process. Malcolm Daniels is a member of the New Adult Learning Movement and has run workshops and seminars arising out of Anthroposophy extensively in England

From Friday Flier 25/03/2011

(Small Ad)

ONLINE ANTHROPOSOLOGY COURSE

A multi-media online course to introduce (or re-introduce) Rudolf Steiner to a 21st Century audience. During this year, commemorating the 150th anniversary of Steiner's birth, I will explore Steiner's biography, the times in which he lived, and, above all, the significance of his path of inner development for the individual, for humanity, and for the future of the Earth. There will be a special segment for Waldorf parents and for teachers new to Steiner's philosophy. This presentation will be online from March 1 through April 1. Participants can watch and listen as often as they wish during the month. I urge you to share this email with your Parents Association representative as well as your faculty. The course fee is \$35.00 per person. To register, or for more information, visit millennialchild.com With warm wishes, Eugene Schwartz

From Friday Flier 19/06/2009

ANTHROPOSOLOGY STUDY GROUP – if you would be interested to study a fundamental work by Rudolph Steiner next term on Wednesday afternoons, and are prepared to make this a priority commitment to achieve continuity (subject of course is family health), please contact **Dr Hedda** before 4 July. The book we study could be either *The Philosophy of Freedom* (American title *Intuitive Thinking as a Spiritual Path*) or *Occult Science, and Outline* (American title *An Outline of Esoteric Science*).

*From Friday Flier 16/10/2009
(Small Ad)*

Anthroposophy as Spiritual Medicine: the therapeutic application of anthroposophy.
Friday 30 October, 7.30 pm. Hawkwood College, Stroud, Glos. GL67 QW.

*From Friday Flier 14/03/2008
(Small Ad)*

ELIANT European Alliance of Initiatives for Applied Anthroposophy. So far 327,355 signatures have been collected. The target is a million. Please sign the petition on the notice board and in the reception if you have not already done so.

*From Friday Flier 23/01/2009
(Small Ad)*

ANTHROPOSOPHICAL STUDY GROUP with ~~Dick Seddon~~ meets this term on **Wednesdays** 1.45 to 3.15. We are studying six lectures on the Formation of Karmic Forces. These are of fundamental importance for an understanding of life - and of Anthroposophy. For location please contact ~~Paul Savage 01981 540102.~~

*From Friday Flier 10/10/2008
Petition*

ELIANT CAMPAIGN

Dear All

Some of you will be aware of the ELIANT Campaign to secure legal safeguards to protect Anthroposophical initiatives in medicine, food and education. This is all about retaining our freedom to choose! Read more at www.eliant.eu Please consider adding your support to this important cause by reading the leaflet on the school noticeboard and signing the petition on the reverse. Alternatively return the slip below to reception.

.....
I support the European Alliance for Initiatives of Applied Anthroposophy/ELIANT

Name

Address

Signature

email address:

*From Friday Flier 12/02/2010 & 12/03/2010
(Small Ad)*

GROWING WITH YOUR CHILD NEWSLETTER CREATING SUSTAINABLE FAMILIES
Subscribe to a new quarterly online newsletter. SEASONAL WISDOM, HOMEOPATHY, BACH REMEDIES, GUEST WRITERS, PRACTICAL HOMEMAKING, RECIPIES, GARDENING, IDEAS. PRACTICAL FESTIVALS, SEASONAL ACTIVITIES AND CRAFTS, ADVERTISEMENTS, SUBSCRIBERS ANNUAL PICNIC £10.00 More information see www.growingwithyourchild.org.uk

~~Emma Tyer~~

*From Friday Flier 14/01/2011
(Small Ad)*

HOMEOPATHY AND YOUR CHILD Would you like to know more about using homeopathy at home with your family? We will be running a short course that will give you the confidence to know when and how to use remedies at home for first aid and minor illnesses situations. The course will be informal in style with lots of opportunities for discussions with other parents and plenty of time for questions. You will also receive a short booklet to take home. To register your interest please call [REDACTED] we will then try and fit the course around the times most people are available.

*From Friday Flier 16/03/2012
(Small Ad)*

Starting after Easter there will be the opportunity to consult a professional Homeopath on Wednesdays after school in the Eurythmy Therapy room. I will be available between 3.30 and 4.00pm for you to come and say hello and to find out more; from 4.00pm consultations will be available, bookable in advance. Homeopathy is suitable for children, babies and adults. It can treat any kind of condition including emotional and behavioural difficulties as it works to address the needs of the

whole being, not just a named disorder. It is a good therapy to use at times of transition and can be supportive during any difficult times whether the stress be on the physical, mental, emotional or spiritual bodies. Homeopathic remedies are not addictive and can be used alongside other medication and treatments. Consultations are suitable for acute conditions as well as for long standing chronic complaints. Fees will be on a sliding scale. The first clinic is on Wednesday, 25th April. Please phone [REDACTED] for more information and to book appointments (after 21 March please). Many thanks. [REDACTED]-MNCHM and [REDACTED], student Homeopath.

*From Friday Flier 28/01/2011
(Small Ad)*

HOMEOPATHY AND YOUR CHILD We will be running a short course that will give you the confidence to know when and how to use remedies at home for first aid and minor illnesses situations. The course will be informal in style with lots of opportunities for discussions with other parents and plenty of time for questions. To register your interest please call [REDACTED] [REDACTED] we will then try and fit the course around the times most people are available.

*From Friday Flier 08/04/2011
(Small Ad)*

INTRODUCTION TO HOMEOPATHY Sunday 22 May. All enquiries to [REDACTED]

*From Friday Flier 04/03/2011
(Small Ad)*

Introduction to Homeopathy. A one day course on how to treat minor ailments and injuries. Sunday 27 March 10.15am-4.00pm in the Eurythmy room. Cost £28 incl. booklet and hot drinks. This day will be repeated on Sunday 22nd May. For more info and to book please call [REDACTED]

From Friday Flier 25/03/2011

INTRODUCTION TO HOMEOPATHY will not be running this Sunday 27 March but **WILL** run on Sunday 22 May. All enquiries to [REDACTED]

*From Friday Flier 13/05/2011
(Small Ad)*

INTRODUCTION TO HOMEOPATHY Sunday 22 May. All enquiries to [REDACTED]

*From Friday Flier 26/05/2011
(Small Ad)*

USING HOMEOPATHY AT HOME Many parents ask me about which homeopathic remedies they should be using at home and how do you use them. They also wonder if they are accompanying a school trip, when should they give the remedies that we in school provide. Homeopathy is a wonderful way of treating ourselves and our families in a gentle and effective way and once you know a little bit about it, it is very easy to use for first aid and minor illnesses. I will be running both day courses, probably at the weekend, and also morning sessions hopefully at school between drop off and pick up that will give you information and enough confidence to use a range of homeopathic remedies for yourself and your family. If you are interested in any of these courses please come and speak to me in reception or phone me on [REDACTED]. I would like to get an idea of interest before I set up some dates but I hope they will be after half term. Thank you

*From Friday Flier 2/07/2010
(Small Ad)*

Hereford Centre for Natural Health Thursday 8 July 'The Truth about Homeopathy' (Jill Etheridge - Homeopath)

*From Friday Flier 4/12/2009 & 16/12/2009
(Small Ad)*

Bath Anthroposophical Society Sunday 3 January – open house. 7.30 pm. Food provided. We will be reading an edited version of the Three Kings Play (Children present) and if anyone wants to act we have a few costumes. Also Parenting courses and Homeopathy courses.

From Friday Flier 28/05/2010 & 18/06/2010

(Small Ad)

Thursday 8 July 'The Truth about Homeopathy' (Jill Etheridge - Homeopath) More details on [REDACTED]

From Friday Flier

(Small Ad)

The **HOMEOPATHY CLINIC** that runs on Wednesdays here in school from 3.30pm WILL be open over half term BUT only by appointment. So if you would like an appointment or some general homeopathic advice please call me on [REDACTED]. The clinic will then be open every Wednesday from 3.30pm in the Eurhythmy Therapy room starting on Wednesday 13th June. The clinic is open for you to just drop in for some general advice about yours or your child's health or for a longer homeopathic consultation. Prices are on a sliding scale, so please ask; the clinic is here to support you. Many thanks, [REDACTED].

From Friday Flier 12/07/2012

(Small Ad)

HOMEOPATHY CLINIC I would like to thank everyone who has supported the Homeopathy Clinic which runs here in school on a Wednesday afternoon. The feedback that we have received has been very positive, the clinic is proving useful! The clinic is open to everyone regardless of age and you do not have to be at school to come and see us! The clinic usually runs a drop in system from 3.30-4.00 where anyone can just call by to ask some advice about a particular condition or about remedies etc. Appointments usually happen after that. This clinic WILL CONTINUE after the summer holidays. DURING school holidays the clinic is run on an APPOINTMENT ONLY system. Please call me on [REDACTED] to arrange a time. Fees are on a sliding scale, so please do ask me! Many thanks also to [REDACTED], student homeopath, who has been providing me and the clinic with a lot of support. Enjoy your summer break everyone. Many thanks, [REDACTED]